Affirmation Board Supplies

• Cardstock / poster board
• Printable quotes
• Scissors
• Markers
• Stickers, washi tape
Affirmation Board Instructions

Step 1: Cut out sayings and affirmations or create your own!

Step 2: Place and glue them on the board.

Step 3: Fill in the board with drawings, your name, favorite words, etc.

Step 4: Decorate with washi tape, markers and stickers.

Step 5: Remember you are an AMAZING person!

Share your board with us!

hemisfair.org/parkitathome
you’re \textit{AMAZING} just the way \textit{YOU ARE}.

\textit{do} \textit{THE RIGHT THING... \textbf{EVEN WHEN} no one \textbf{IS LOOKING}.}

\textit{shoot for the moon, even if you miss, you’ll land among the stars.}

\textit{NEVERTHELESS, SHE PERSISTED}

\textbf{I AM BRAVE, FEARLESS, BOLD, \& STRONG.}

\begin{itemize}
\item There is no one better to be than myself.
\item I am enough.
\item I get better every single day.
\item I am an amazing person.
\item All of my problems have solutions.
\item Today I am a leader.
\item I forgive myself for my mistakes.
\item My challenges help me grow.
\item I choose my own attitude.
\item I’m choosing to have an amazing day.
\end{itemize}